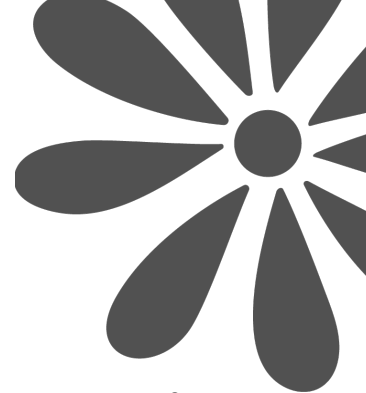




*is so much fun!*



# Girls on the Run<sup>®</sup> is returning for Fall 2017!

Girls on the Run (GOTR) is excited to offer its program again in Fall 2017! GOTR is an after-school program designed to develop and enhance girls' social, psychological, and physical competencies in order to help them to successfully navigate their life experiences.

**Season:** September 11- December 1, 2017  
**Tentative 5K Date:** Saturday November 18, 2017

## Throughout our program, girls will:

- Develop and improve confidence!
- Develop strength of character!
- Respond to others with compassion!
- Create positive connections with peers and adults!
- Make meaningful contributions to their communities!

## What can girls expect?

- A friendly and open atmosphere!
- New friends and teammates who encourage girls to be their best selves!
- A safe space for girls to speak their minds!

## Online registration opens:

Sunday August 6, 2017 at 6:00pm

## Online registration closes:

Sunday September 24, 2017 at 6:00pm

**Register by Sunday August 20, 2017 to receive your girl's program t-shirt on *day one!***

**Registration fee:** \$150

**Includes:** 21 lessons, program t-shirt, water bottle, 5K registration & 5K t-shirt.

***Scholarships available!***

***Now recruiting volunteers!***

**Your girls are calling you, Coach!**

**To register, for more information, or to coach:**

**[www.gotrhunterdon.org](http://www.gotrhunterdon.org)  
(908)-751-5847**

**or email our Program Coordinator, Ashley Vogt:  
[ashley.vogt@girlsontherun.org](mailto:ashley.vogt@girlsontherun.org)**

***Check back in July for team-specific details!***