

November 2018

Holland Township Lunch

Lunch Prices Student Lunch: \$2.95 Reduced Lunch: \$0.40 Adult Lunch: \$3.50

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Sweet and Sour Popcorn Chicken with Steamed Rice
- Steamed Broccoli
- Assorted Fresh or Chilled Fruit
- Milk Variety

2

- Pizza Crunchers w/ Marinara Sauce
- Freshly Prepared Spring Mix Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

5

Early Dismissal - No Lunch Served

6

Early Dismissal - No Lunch Served

7

Early Dismissal - No Lunch Served

8



School

9



No

School

No

12

- Turkey Corn Dog Nuggets
- Emoji Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

13

- Grilled Ham & Cheese Melt on a Pretzel Bun
- Minestrone Soup
- Veggie Dippers
- Assorted Fresh or Chilled Fruit
- Milk Variety

14

- Pasta with Meat Sauce
- Garlic Breadstick
- Freshly Prepared Spring Mix Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

15

- Thanksgiving Feast
- Roasted Turkey with Gravy
- Mashed Potatoes
- Green Beans
- Pumpkin Swirl Roll
- Assorted Fresh or Chilled Fruit
- Milk Variety

16

- Mezza Luna Pizza
- Freshly Prepared Caesar Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

19

- Popcorn Chicken
- Dinner Roll
- Veggie Dippers
- Assorted Fresh or Chilled Fruit
- Milk Variety

20

- Meatball Parm Hero
- Battered French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

21

Early Dismissal - No Lunch Served

22



Thanksgiving - No School

23



School

No

26

- Crispy Chicken Sandwich
- Tater Tots
- Assorted Fresh or Chilled Fruit
- Milk Variety

27

- New Recipe! Brunch for Lunch
- Cheese Omelet
- Cinnamon Twist
- Hash Brown Rounds
- Assorted Fresh or Chilled Fruit
- Milk Variety

28

- Teriyaki Beef with Steamed Broccoli
- Egg Noodles
- Fortune Cookie
- Assorted Fresh or Chilled Fruit
- Milk Variety

29

- Fajita Chicken Tacos
- Steamed Rice
- Southwestern/Fiesta Corn
- Assorted Fresh or Chilled Fruit
- Milk Variety

30

- Mezza Luna Pizza
- Freshly Prepared Spring Mix Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

Maschio's Swap Out's Available Daily: Bagel Bag with Cheese , Cheese Pizza, Bagel & Yogurt Meal, Cereal Bag w/ Cheese , Muffin Meal Bag , Turkey Sandwich, Peanut Butter & Jelly Sandwich, , Salad with Greens, Protein & Dinner Roll, , Chicken Nuggets & Dinner Roll

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories fro, saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.
This Institution is an equal opportunity provider.